

THE MART DECEMBER

FW

MONDAY



TUESDAY



WEDNESDAY

BEATRIX
Market

THURSDAY



FRIDAY



Hours:
11:00 AM - 2:00 PM

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Monday



FOODWORKS
THE BEST OF LOCAL



TORTA | \$14.00

Mexican telera bread, choice of protein, beans, chihuahua cheese, pico de gallo, picked jalapeños, mayo, and salsa

TACOS | \$5.00

Traditional Mexican: Protein with cilantro, onion, cheese

Gringo: Protein, fresh pico de gallo, cheese

Burrito | \$14.00

Protein choice, beans, rice, lettuce, fresh pico de gallo, sour cream, cheese, and salsa

Burrito Bowl | \$15.00

White garlic poblano rice or yellow tomato rice

Black Beans or Pinto Beans

Protein Choice

Toppings: Lettuce | Pico de gallo | Sour cream | Jalapeños | Cheese

Protein Choices (Extra Protein | \$4.00)

Steak Adobada | Chicken Tinga | Beef Barbacoa | Carnitas | Grilled Vegetables

TAMALES | \$3.50

Chicken in green sauce

Pork in red sauce

Poblano, pepper, and cheese



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Monday



BOWL & SALADS:

COUS COUS BOWL | \$15.00

Arugula, avocado, radish, tomato, cucumber, feta, dill sauce

QUINOA BOWL | \$15.00

Sweet potato, crispy chickpea, avocado, arugula, goat cheese

ARUGULA SALAD | \$15.00

Arugula, apple, raisin, slivered almonds, quinoa, roasted tomato, white cheddar, Italian vinaigrette, balsamic glaze

CHOPPED SALAD | \$15.00

SANDWICHES:

POLPETTI PANINI | \$15.00

Beef & pork meatball, pesto, fresh mozzarella, pomodoro, baguette

TURKEY PANINI | \$15.00

Turkey, tomato, pickled onion, white cheddar, arugula, n'duja aioli, sliced sourdough

PROTEIN ADDITIONS:

POLPETTI | \$7.00

GRILLED CHICKEN | \$7.00



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Tuesday

EW FOODWORKS
THE BEST OF LOCAL



LAMB CURRY | \$14.00

An Indian lamb curry with a heady combination of intense spices in a creamy tomato curry sauce (dairy), served with white rice, salad and naan bread (wheat)

BUTTER CHICKEN | \$13.00

Made with chicken, spices, tomatoes and cream. Its sauce is known for its rich texture, served with white rice, salad and naan bread (wheat). Extra chicken +\$7.00

CHICKEN MANDI | \$14.00

Slow cooked chicken served over a bed of fragrant, spiced rice, known for its unique smoky flavor and texture. The cooking method involves the chicken and rice cooking in an oven (tandoor) or over wood-fired coals, allowing the meat to remain dewy and infuse the rice with flavor.

PANEER TIKKA MASALA | \$12.00

A popular Indian curry with cubes of paneer (Indian cottage cheese - dairy), onions and peppers are marinated with yogurt and spices, grilled and then tossed in a creamy tomato-based curry (dairy), served with white rice, salad and naan bread (wheat)

SIDES

Naan (wheat) | \$3.00

Mango Lassi (dairy) | \$5.00



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Tuesday



OMG PLATE | \$14.00

CHOICE OF GRAIN:

Turmeric Rice | Moroccan Cous Cous (wheat)

CHOICE OF PROTEIN (*HALAL):

Chicken Shawarma (Mild) | *Spicy Chicken Kabob
Falafel

CHOICE OF SALAD:

Mediterranean Salad | Chickpea Salad

CHOICE OF SPREAD:

Hummus | Peruvian Yogurt (dairy)

**HUMMUS AND PITA
(WHEAT) | \$4.50**



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Wednesday



FOODWORKS
THE BEST OF LOCAL

BEATRIX *Market*

SALAD & SOUP (12OZ) | \$14.00

SALAD | \$10.00

Add Chicken | \$5.00

Harvest - Mixed greens, bleu cheese, dried cranberries, walnuts, apples, cobb dressing (Nuts, D)

Caesar - Romaine, shaved parmesan, croutons, caesar dressing (W, D, E, F, S)

Greek - Romaine, Feta cheese, cucumbers, red onions, black olives, cherry tomatoes, pepperoncini, greek dressing (D)

SOUP

12OZ | \$4.95

16OZ | \$6.95

**December 3
Chicken & Kale (GF)
Split Pea (V, GF, D)**

**December 10
Turkey Chili (GF)
Mediterranean Lentil (VE, GF)**

**December 17
Tomato Basil (V, GF)
Italian Wedding (D)**

Wednesday

 **FOODWORKS**
THE BEST OF LOCAL



RICE BOWLS | \$14.00

PROTEINS

Tofu Nuggets | Grilled Chicken | Spicy Pork
Bulgogi Beef (+\$2.00) | Short Ribs (+\$4.00)

TOPPINGS

Lettuce | Pickled Carrots | Pickled Onions |
Cajun Corn | Scallions

SAUCES

Teriyaki | Sweet Chili | Kung Pao



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Thursday



FOODWORKS
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MAXWELL STREET POLISH | \$7.00

Vienna Beef Polish sausage, grilled onions, mustard, sport peppers

CHICAGO STYLE HOT DOG | \$5.00

Tomato, onions, pickle, relish, mustard, sport peppers, celery salt

CHILI CHEESE DOG | \$6.00

Chili & Wisconsin Cheddar Cheese

CHEESE DOG | \$6.00

Wisconsin Cheddar Cheese

Gyro | \$14.00

Tomato, Onion, Tzatziki

Chicken Pita | \$12.00

Tomato, Onion, Tzatziki

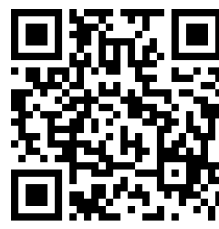
SMALL SIDE SALAD WITH DRESSING | \$7.00

Mixed salad with tomato, onion and cucumbers
(Ranch, French, Italian, Tzatziki dressing)

GARLIC PITA CHIPS | \$3.00

with Wisconsin Cheddar Cheese

Hearty Chicken Noodle Soup | Soup of the day | \$7.00



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Thursday



FOODWORKS
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BUILD YOUR OWN BOWL | \$13.50

BASE

White Rice | Brown Rice | Mixed Greens

PROTEIN (EXTRA PROTEIN | \$3.00)

Ahi Tuna (fish) | Salmon (fish) | Chicken | Tofu | Shrimp (shellfish)

STYLE

ALOHA: Pineapple, cucumber, scallions, jalapeno, maui onion,
sesame vinaigrette (sesame)

CRUNCH: Jalapeno, cucumber, scallions, edamame, crunch,
spicy aioli (dairy), samurai sauce

VOLCANO: Seaweed, edamame, jalapeno, ginger, volcano sauce

SIDE

Crispy Wontons | \$2.00



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Friday



BUILD YOUR OWN BOWL

BASE OPTIONS:

Brown Butter Gnocchi | Fried Yuca | Charred Corn |
Black Bean & Quinoa Salad | Colombian Rice

PROTEIN OPTIONS:

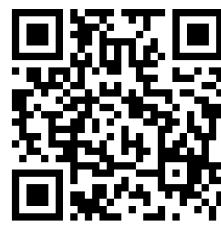
Steak Kebab | \$14.00
Chicken Chuleta | \$13.00
Smoked Kielbasa | \$13.00
Chipotle Mushroom Patty | \$12.00

ADD TOPPINGS:

Candied Bacon | Crushed Kettle Chips |
Plantain Chips | Pickled Onions | Sofrito

ADD SAUCE:

Chimichurri | Hot Honey | Garlic Parmesan |
Applewood Smoked BBQ



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PITAKI

GREEK STREET FOOD

KLASSIKO WRAP | \$12.00

Tzatziki sauce, tomato, spiced onions

SPICY SIREN WRAP | \$12.00

Spicy feta spread, romaine, slaw, red pepper, sweet & spicy sauce

VILLAGER SALAD (GF) | \$12.00

Tomato & cucumber mix, onions, olives, feta, oregano, zesty lemon dressing

Wraps served with toasted warm pita (gluten-free pita +\$2)

Wraps & Salads - select choice of Chicken or
(Lamb +\$2)

SPICY FETA DIP | \$5.00

Served with toasted warm pita

HUMMUS DIP (VEGAN) | \$5.00

Served with toasted warm pita

AVGOLEMONO SOUP | \$5.00

Rice, lemon, egg, chicken broth

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